



ROADRUNNER CHRONICLE

July 2006

Monthly Newsletter for the Retirees of Tempe Association

INDEPENDENCE DAY Luncheon

BIG SCREEN & AMPLIFIED SOUND!!

We thought we'd try something different for our Monday, July 3 lunch. We'd like you to come watch with us a timely classic *Yankee Doodle Dandy* (1942) starring James Cagney, Joan Leslie & Walter Huston. This film is based on the true story of George M. Cohen, composer/singer/dancer, who brought patriotism alive during World War I. Drama, comedy, music & romance this film has a little bit of everything and is known as one of the great classic films of all time! This film is 2 hours and 5 minutes. We'll start serving lunch at 11:30 am, start the movie at about 12 noon, take an intermission to give you time to stretch your legs and then resume with the movie. Approximate end time will be 2:15 pm. The movie will be projected on the entire wall of the multipurpose room and heard through our overhead sound system!



Lunch Menu: Hot dogs, chips, pickle, apple pie and drink.
Cost is \$3.00 for RTA members and \$4.00 for non-members.
Registration/Payment Deadline: 6/28 ~ Registration Code: 3162



THINGS TO DO Around Town

Inside this edition:

- Wild Wednesdays through July 26 go to the Tempe Historical Museum between 10am and 4pm for FREE ADMISSION. For more info call 480-350-5100 ~ 809 E. Southern Ave.
- July 4th Tempe Town Lake Festival ~ produced by the Kiwanis Club of Tempe. An afternoon and evening celebration on Tempe Town Lake 4pm-11 pm. Tickets on sale at Safeway Customer Service counter \$5 each ~ \$8 at the gate. For more information call the event hotline at 480-350-5189.
- Exhibitions: *Painted Trails*, the art of Sheila Kollasch displayed through Aug. 1 at Connections Café in the Library. *Tribal Asia: beading and weaving a connection to identity* displayed through Oct. 9 in the Public Library Second Floor Gallery.

Pyle Adult Recreation Center

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City of Tempe, Parks and Recreation

Pyle Adult Recreation Center • 655 East Southern Avenue, Tempe, AZ 85282

Business Office: 480-350-5211 Fax: 480-350-5294 Text Telephone/TDD: 480-350-5050

www.tempe.gov/pyle

Hours of Operation: 8:00 am—9:00 pm Monday—Thursday
8:00 am—5:00 pm Friday 9:00 am—4:00 pm Saturday

Program Registration Information:

Registration for many programs is required. Programs requiring registration are listed in gray. Full payment for your reservation is due at the time of sign up, unless otherwise stated. You may register in person at:

Pyle Adult Recreation Center
655 E. Southern Avenue, Tempe
or call the front desk for further
information at 480-350-5211.



SIGN UP TODAY



MICHELE'S Moments

Registration begins June 26 (TCAA lunch menus on the calendar on Page 8)

| | | |
|------|----|---------------------------------------|
| 7/3 | M | Independence Day Luncheon |
| 7/4 | T | NO LUNCH - CENTER CLOSED |
| 7/7 | F | TCAA lunch |
| 7/10 | M | Salad bar lunch |
| 7/11 | T | Air Quality (lecture) |
| 7/11 | T | TCAA Lunch |
| 7/14 | F | TCAA lunch |
| 7/17 | M | Sloppy Joes Lunch |
| 7/18 | T | TCAA Lunch-Coffee Tasting |
| 7/19 | W | Faux Painting (workshop) |
| 7/20 | TH | Southeast Asian Cooking Class |
| 7/21 | F | TCAA lunch |
| 7/21 | F | Bunch for Lunch-Classic Italian Pizza |
| 7/24 | M | Grilled Cheese Lunch |
| 7/25 | T | TCAA Lunch-Left, Center, Right Game |
| 7/28 | F | TCAA lunch |
| 7/28 | F | Bibliomaniacs Club |
| 7/31 | M | Birthday Bingo |

Whew...it is hot out there! We are in the middle of summer and the staff are going on vacation...what a great time to take a break, relax and come back to the Fall of busy activities refreshed and ready to go! The Fall has a lot of fun planned for retirees such as another Murder Mystery Dinner on Saturday, September 30, the Arts and Craft Boutique on October 27 from 9 am-4 pm, and October 28 from 9 am-3 pm, and then great entertainment and Hawaiian food at a Hawaiian Luau on Saturday, November 4. We also have several new programs, lectures and instructional classes being offered in the Fall so please stay tuned.

Are you a homeowner? Could your house use a painting? In October, Rebuilding Together is hosting their annual Rock and Roll Paint-a-thon. The Paint-a-Thon is designed to paint the homes of low income, elderly and disabled homeowners who are unable to do the work themselves. You may qualify to have the exterior of your home painted at no cost to you through this program. If you are interested or need more information, please see me or pick up an application at the front desk. What a great opportunity for you to get your house painted!

Is there something we currently do not offer at the facility that you would like to participate in? Please let us know and we will do our best to see if we cannot bring that particular activity or event to the center. We are glad you are here at the Pyle Center and if there is anything we can do to add to your enjoyment, please do not hesitate to let us know.



Until next month, stay cool, and drink lots of water or Gatorade!

MONDAY LUNCH Program

Our lunch program begins with announcements at 11:30 am and is followed by a delicious meal prepared by our wonderful volunteers. You may sign-up for the entire month in advance, but payment will be required.



July 3:

Menu: Hot dogs, chips, pickle, apple pie and drink. Instead of having professional entertainment, we've decided to show you a timely movie. Come watch Yankee Doodle Dandy starring James Cagney, Joan Leslie & Walter Huston. Cost is \$3.00 for RTA members and \$4.00 for non-members.

Registration/Payment Deadline:
6/28



Registration Code: 3162

July 10:

Menu: Salad bar, French bread, brownie and drink. Entertainment: *Good Time Charlie Sears* ~ singer/guitarist. Get your toes a tappin' to his mix of traditional Country and Bluegrass music. Songs like "Hello Darling", "Hey Good Looking" and many more. Cost for RTA members is \$4.00 and \$5.00 for non-members.

Registration/Payment Deadline: 7/5
Registration Code: 3163

July 17:

Menu: Sloppy Joes, chips, pickle, watermelon and drink. Entertainment: *Rosemary Wehbe* ~ singer. Come see for yourself this delightful PATRIOTIC performance. You'll hear some of your favorites like "Yankee Doodle Dandy", "You're a Grand Old Flag" & "God Bless America". Cost for RTA members is \$4.00 and \$5.00 for non-members.

Registration/Payment Deadline: 7/12
Registration Code: 3464

July 24:

Menu: Grilled cheese, fruit salad, peach pie with ice cream and drink. Entertainment: *Cowboy Kenny Cole* ~ singer/guitarist. You're invited to tap your toes and sing-a-long to some of the well-known favorites such as "Home on the Range", "You Are My Sunshine" and "San Antonio Rose". His passion for music is uplifting and entertaining. *Don't miss it!* Cost for RTA members is \$4.00 and \$5.00 for non-members.

Registration/Payment Deadline: 7/19
Registration Code: 3465

July 31:

BIRTHDAY BINGO ~ Bring your own lunch and help us celebrate our **July** birthdays with cake & ice cream. Bingo will begin at 12:30 pm and will be played for small prizes. Come join the fun. We know you can't pass up a piece of cake & ice cream! **FREE for RTA members** and \$1.00 for non-members. **Registration/Payment Deadline:** 7/26

Registration Code: 3166



RTA Arts and Crafts Boutique Registration

Registration for the annual Arts and Crafts Boutique is coming! The registration date is Monday, September 11 at the Pyle Adult Center. All patrons that were registered as RTA members by July 1, 2006 will get more information about registration in the mail. Registration will be a lottery system and all potential vendors must be present to register. Past vendors and other vendors under the age of 50, who are not RTA members, will be able to register to vend in the show on a space available basis beginning on September 13. The RTA Art and Craft Boutique will be held on Friday, October 27 from 9 am-4 pm and Saturday, October 28 from 9 am-3 pm. The RTA Advisory Board voted to increase the price of the tables this year; the cost per table for RTA members will be \$20 and \$30 per table for non-members. Remember, all items sold at this boutique must be handcrafted; vendors cannot sell purchased items. If you have any questions, please see the front desk for more details!

CLUBS/Activities

Bunch for Lunch Group:

Come join this fun group as they meet for lunch and enjoy good food and good company.

Please note: the group meets at the restaurant 11:30 am.

Friday, July 21 at 11:30 am

Classic Italian Pizza

1030 E. Baseline Rd. Tempe, AZ

Northeast corner of Rural and Baseline

(Don't come early, they open at 11:30!)

Meet at the restaurant. Transportation and cost of lunch is on your own. Please sign up at the front desk if you would like to attend.



Free TUESDAY MOVIES



The Pyle Center is pleased to offer a variety of movies, *FREE*, every Tuesday at 12:30 pm.

July 4 - NO MOVIE - Pyle Center CLOSED

July 11 - *Rumor Has it*
Comedy/Romance (PG-13)

July 18 - *Glory Road*
Drama/True Story (PG)

July 25 - *The World's Fastest Indian*
Action Adventure/True Story (PG-13)



Bibliomaniacs Club

The Bibliomaniacs Book Club will meet at 9 am on **July 28** to discuss an *American Tragedy* by Theodore Dreiser. Members of the group provide their own copies of the books. This Club is currently not accepting new participants, but would encourage you to join the Wednesday afternoon Book Club that is in the early forming stages. For more information on the afternoon Book Club, call the Pyle Center front desk at 480-350-5211.



SPECIAL Interest

Pool Lessons Update

Last month we were looking to see if there was any interest in offering pool lessons. Well here's the update...no interest! Of course if at anytime this changes we will surely let you know.



Wednesday Afternoon Book Club

Are you a book lover? Would you be interested in joining a book club? It's easy and it's fun. The group decides what book they'd like to read and then discusses it. The kinds of books are endless ~ murder/mystery, romance, comedy, etc! This trend is sweeping the nation. Don't you want to be a part of it?



The Bibliomaniacs (book) Club has already reached its maximum capacity so we're looking for some interest in starting a second club. Here's a chance to meet some new people with the same common interest so come on and try something new! The club would meet one Wednesday afternoon a month. If you're interested then call Pyle's front desk at 480-350-5211 and let us know. Watch for updates.

TCAA Lunch Program

Join the Pyle Staff every Tuesday in the month of July for fun & games. Sign up for lunch each week to reserve your spot and join in the fun. Everyone is welcome! TCAA lunch menu is on page 7.

July 4th Pyle Center CLOSED

July 11 Environmental Air Quality Lecture (10:30 am)

July 18 Coffee Tasting (12:45 pm)
See the new Connections Café in the Library and join Rebecca Bond as she explains the programs available at the café. Oh yeah, we'll be sampling coffees that the café offers!

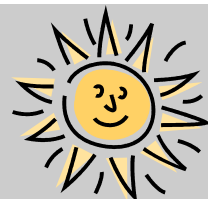
July 25 Left, Center, Right (11:00 am)
It's back! The game for all ages.

TCAA Lunch Program

TCAA lunches are offered at noon every Tuesday and Friday at the Pyle Center and every Monday and Thursday at the Cahill Senior Center. If you are not a registered participant then stop by the front desk and fill out a registration form. This is different from an RTA membership. You may sign up only one week in advance. **Registration deadline is at noon the day before the meal.** Check out the Pyle Calendar on page 7 and the Cahill Center Calendar on page 11 for a monthly menu. Due to grant requirements, and funding of the grants that supplement the TCAA lunch program, all participants that take part in the TCAA lunch program are required to complete program registration paperwork on an annual basis. We have the registration paperwork at the front desk so please stop by to pick it up and submit as soon as possible.

Preventing a Heat Related Illness

It's that time of year again when the temperatures are staying in the triple digits. We all need to be reminded on what we can do to prevent a heat related illness. Stay out of the direct sun for extended periods of time. Drink LOTS of water EVERY day. Avoid or limit such drinks as coffee, tea, alcohol and soda, which contain caffeine. Wear lightweight clothing. Stay indoors in air conditioning or use fans to remain cool. Avoid outside activity especially during the peak of the day. Rest often. Signs and symptoms of a heat related illness include: headache, dizziness, lightheaded, fainting, weakness & moist skin or dry hot skin with no sweating, irritability or confusion, upset stomach, vomiting or seizures. If you think you may have a heat related illness then call 911 IMMEDIATELY! We hope you all stay healthy and cool this summer so remember that the Pyle Center can be a great place to keep cool.



Blood Pressure Checks

If you'd like to have your blood pressure checked by one of our experienced volunteers then come to the Pyle Center on the first Monday of every month. This is on a first-come, first-serve basis and will be available between 10:30 -11:15 am in the Card Room. This month's check will be held on **July 3rd**. If you are experienced and interested in volunteering to assist with blood pressure checks, please stop by the Front Desk to sign-up. We have the equipment we just need the volunteers.



Register at the Front Desk for the following Upcoming Events.

Air Quality Lecture

Tuesday, July 11 at 10:30 am

FREE

Join Manuela Bowler from the Arizona Department of Environmental Quality and learn about the Air Quality Index and particulates, and how summer differs from winter in the Phoenix area in terms of air quality. This will be extremely interesting to those with asthma or other respiratory problems. Presented in the Multi-purpose Room before the TCAA lunch.

Registration Code: 3188

Southeast Asian Cooking Class

Thursday, July 20 at 1 pm

Fee: RTA Members \$7, non-members \$10

Join Daisy Rouse for an interesting look at Southeast Asian cooking through regional influences and history as well as cooking techniques and recipes. Recipe booklet included and of course, you'll get to sample the food!

Registration Code: 3480

Faux Painting

Wednesday, July 19 at 10 am

FREE

Merrilou Peek, from ICI Paints will be demonstrating six different finishes, including Antique, Crackle and Italian Fresco.

Registration Code: 3045



Yoga Meditation

July 11, 18, 25 & August 1

9 - 11 am

Dr. Tushar K. Ray, Director at the Central Yoga School of Mind-Body Fitness, will present this FREE course for seniors on the science of yoga and meditation. The first and third sessions will consist of a one-hour presentation on the science of yoga and how it helps to maintain good mind-body health and harmony with regular practice. The rest of the time will be spent learning practical yoga and meditation.

Registration Code: 3526



UPCOMING Trips

FREE SPIRIT VACATIONS (480) 926-5547 Call to book your next vacation!

Made in the Shade Beer Festival - Flagstaff

July 22 - 23 \$ 199 pp/dbl \$ 250 pp/sgl

Sierra Nevada Journey

August 18 - 23 \$ 750 pp/dbl \$ 995 pp/sgl

Out of Africa & Jerome Winery

August 20 \$ 89 pp

Sunny Money (Southern California)

August 22 - 24 \$ 179 pp/dbl \$ 235 pp/sgl

Standin' on the Corner Festival-Winslow, AZ

September 29 - 30 \$ 165 pp/dbl \$ 215 pp/sgl

Branson & Fall in the Ozarks

Sept. 27 - Oct. 1 \$ 565 pp/dbl \$ 701 pp/sgl




PLUS airfare ~ approx. \$300-350 pp

Join us for the **Celebrate Life Traveler's Club** on July 11 at 10 am.

The topic will be "See the Grand Ole USA!".

July - Pyle Center

7

| MON | TUES | WED | THURS | FRI |
|---|---|--|--|---|
| <p>3</p> <ul style="list-style-type: none"> •11:30am Cribbage •11:30 Hot dog, chips, pickle & apple pie. Movie: <i>Yankee Doodle Dandy</i> | <p>4</p> <p>CENTER CLOSED</p> <p><i>Happy 4th of July!</i></p>  | <p>5</p> <ul style="list-style-type: none"> •9-1 Painting Workshop •1pm BINGO | <p>6</p> <ul style="list-style-type: none"> •9am-1pm Needlewielders •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events | <p>7</p> <ul style="list-style-type: none"> •9am-12pm Canasta •12-3pm Pinochle •12pm—TCAA Lunch Ham & cheese sub sandwich, potato salad, Cole slaw, vanilla pudding with apple topping |
| <p>10</p> <ul style="list-style-type: none"> •11:30am Cribbage •11:30 Salad bar, French bread & brownie. Entertainment: <i>Good Time Charlie Sears</i> | <p>11</p> <ul style="list-style-type: none"> •9am-1pm Needlewielders •10-2 Party Bridge •10-2 Pinochle •10:30am Air Quality Lecture •12pm—TCAA Lunch – Creamed chicken over rice, brussel sprouts, sliced carrots, fresh baked roll, pineapple tidbits •12:30 FREE Movie-<i>Rumor Has It (PG-13)</i> | <p>12</p> <ul style="list-style-type: none"> •9-1 Painting Workshop •1pm BINGO | <p>13</p> <ul style="list-style-type: none"> •9am-1pm Needlewielders •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events | <p>14</p> <ul style="list-style-type: none"> •9am-12pm Canasta •12-3pm Pinochle •12pm—TCAA Lunch Teriyaki glazed salmon, fried rice, peas & carrots, oriental veggies, strawberry shortcake |
| <p>17</p> <ul style="list-style-type: none"> •11:30am Cribbage •11:30 Sloppy Joes, chips, pickle & water-melon. Entertainment: <i>Rosemary Wehbe</i> | <p>18</p> <ul style="list-style-type: none"> •9-1 Needlewielders •10-2 Party Bridge •10-2 Pinochle •10am Readers' Theatre •12pm—TCAA Lunch Pork chopette with gravy, broccoli cuts, waxed beans, whole wheat roll, fresh oranges •12:30 FREE Movie-<i>Glory Road (PG)</i> •12:45 pm Coffee Tasting @ Connections Café | <p>19</p> <ul style="list-style-type: none"> •9-1 Painting Workshop •10am Faux Painting (workshop) •1pm BINGO | <p>20</p> <ul style="list-style-type: none"> •9am-1pm Needlewielders •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events •1pm Southeast Asian Cooking Class | <p>21</p> <ul style="list-style-type: none"> •9am-12pm Canasta •11:30 Bunch for Lunch •12-3pm Pinochle •12pm—TCAA Lunch CHRISTMAS IN JULY Roast turkey & dressing, mashed potatoes, baby carrots, cranberry sauce, wheat roll, cherry cobbler |
| <p>24</p> <ul style="list-style-type: none"> •11:30am Cribbage •11:30 Grilled cheese, fruit salad, peach pie with ice cream. Entertainment: <i>Cowboy Kenny Cole</i> | <p>25</p> <ul style="list-style-type: none"> •9-1 Needlewielders •10-2 Party Bridge •10-2 Pinochle •11am Left, Center, Right •12pm—TCAA Lunch Beef with caramelized onions & bell peppers over egg noodles, sliced beets, cauliflower florets, wheat roll, ice cream •12:30 FREE Movie-<i>Worlds Fastest Indian (PG)</i> | <p>26</p> <ul style="list-style-type: none"> •9-1 Painting Workshop •1pm BINGO | <p>27</p> <ul style="list-style-type: none"> •9am-1pm Needlewielders •10am Party Bridge •10-2 Pinochle •12-1:30pm Current Events | <p>28</p> <ul style="list-style-type: none"> •9am Bibliomaniac Book Club •9am-12pm Canasta •12-3pm Pinochle •12pm—TCAA Lunch Roast beef, mashed potatoes, summer squash, whole wheat roll, strawberry shortcake |
| <p>31</p> <ul style="list-style-type: none"> •10am Radiant Red Hats •11:30am Cribbage •11:30 Birthday Bingo - bring a sack lunch and enjoy some cake & ice cream | <div>  <p>Casino bus trips are back!</p> <p>We have a bus scheduled to go to Apache Gold once a month starting in September.</p> <p>Watch the Roadrunner for more details!</p>  </div> | | | |

CLUBS/ACTIVITY News



“Forget-Me-Nots” Red Hat Ladies will not meet again until September. Watch for updates. Have a great summer!

Needlework Club meets every Tuesday at 10 am. Join us if you like to do any kind of needlework!

Pool Tournament generally every Friday at 10 am. Check the calendar for tournament days. Two game elimination—open to anyone. Sign up at the Front Desk.

Conversational Spanish group meets every Tuesday at 10 am in the Cahill Lobby. Join us if you have an interest in learning some Spanish!



Bingo is played at the Cahill Senior Center *every Monday and Friday at 1 pm*. Monday night bingo was moved to Monday afternoon. Please note the time change. If you would be interested in being a caller or a bingo helper for either of the days, please see Lisa or Cathy at the front desk. Bingo cards go on sale 30 minutes prior to the start of the game. Cards are 50 cents each and there is a six (6) card limit. *Open to adults age 18 and older.*

SPECIAL Events



Christmas in July

Friday, July 21 at 11:00 am

Fee: RTA Members \$4, non-members \$5

Bring a wrapped white elephant gift to exchange in our “Dirty Santa” game.

Menu: Turkey sandwich, potato salad, pickle, strawberry shortcake

Registration Code: 2634



Breakfast & Bunco

Wednesday, July 12 at 9:00 am

RTA members: \$3, non-members: \$4

Menu: Continental Breakfast, juice & coffee

Registration Code: 2526



City of Tempe, Parks and Recreation

Dennis J. Cahill Senior Center • 715 W. 5th St., Tempe, AZ 85281

Business Office: 480-858-2420 Fax: 480-858-2415 Text Telephone/TDD: 480-350-5050

www.tempe.gov/westside/senior.htm

Hours of Operation: 8:30 am—2:30 pm Monday—Friday

Summertime Memories Luncheon

Friday, August 11 at 11:00 am
Fee: RTA Members \$4, non-members \$5



Storyteller Sandy Oglesby will join us to spark memories of summertime.

Lunch menu: chef salad, roll & dessert

Registration Code: 2635

Lunch Programs

TCAA lunches are served every Monday and Thursday at 12:00 pm. **Advance registration is required.** To register for lunch, call 480-858-2420 the day before by 11:00 am. Check out the calendar on page 11 for a complete menu.

Free NEW RELEASE



EVERY WEDNESDAY at
11:00 AM



July 5 - Firewall

Action Adventure/Suspense (PG-13)

July 12- Rumor Has It

Comedy/Romance (PG-13)

July 19- Glory Road

Drama/True Story (PG)

July 26- World's Fastest Indian

Action Adventure/True Story
(PG-13)



Cahill Computer Classes ~ Register at the Cahill Front Desk

Computer

101 Fee \$5.00

Tuesday, July 18 - August 8 (4 classes)
9-10 am

This is for novice computer users. You will be introduced to the Internet, search engines, email and more. Space is limited.

Registration Code: 3699

Computer Basics Fee \$5.00

Tuesday, August 15 - 29 (3 classes)
9-10 am

For the beginner. Learn computer definitions, typing and mouse skills. Play computer games to improve dexterity.

Registration Code: 3701

Quiz da Wiz Fee: \$2.00

Wednesday, August 30 (1 class)
9 - 10 am

Bring all your computer software questions to this class for answers—Excel, Word, PowerPoint, graphics, email and more.

Registration Code: 3703

Computer 102 Fee \$5.00

Wednesday, July 19 - August 9 (4 classes)
9-10 am

This is Microsoft Word for beginners. Creating letters and posters using Word is covered as well as formatting text to be bold, italic and underlined. Cutting and pasting, indenting, and inserting Word Art will also be covered. Space is limited.

Registration Code: 3700

Email Workshop Fee: \$3.00

Wednesday, August 23 (1 class)
9 - 10 am

Create your own free email account. Learn to respond to emails and create your private address book. Find out about spam, spyware and viruses.

Registration Code: 3702

Dennis J. Cahill Senior Center

715 West 5th Street Tempe, AZ 85281

Front Desk: 480-858-2420 • Tdd: 480-350-5050

UPCOMING EVENTS

Cahill continues trying to keep things COOL by declaring it Christmas in July! To complement this theme the Cahill Senior Center will be offering shopping trips to some of the local malls. This should give you a jump on holiday shopping.



Monday, July 3 ~ We will be leaving the Cahill Senior Center at 8:30 am, destination - IKEA! A bite of breakfast begins our day at IKEA and then shopping until 11:30. We will be returning to the center in time for TCAA lunch at noon.

Monday, July 10 ~ We will be leaving the Cahill Senior Center at 9:00 am for this trip to the CHANDLER MALL. No breakfast stop on this expedition, just shop until you drop. This mall has a NORDSTROM'S...but you might want to stop in to COLD STONE CREAMERY TOO! We will be returning to the center in time for TCAA lunch at noon.

Monday, July 17 ~ We will be leaving the Cahill Senior Center at 9:00 am for this last shopping excursion to the ARIZONA MILLS MALL. You do not want to miss diving in for discounts at JC Penny Outlet or the Old Navy Store. We will be returning to the center in time for TCAA lunch at noon.



To end the month of July in Holiday Fashion, on Monday, July 31 at 10:00 am, the Cahill Senior Center will offer a FREE ornament decorating craft. You need not be artsy for this craft, just ready and willing to dive in.

Cahill Site Council Breakfast & Games

On Wednesday, July 26 at 9:00 am, the Cahill Site Council's Breakfast & Games will be offering a provocative production of Pancakes served with whipped cream, maple syrup, a variety of fruit toppings and sided by crisp bacon. Juices and coffee will round out this mouth-watering morning meal of summer self-indulgence. Afterwards, in keeping with this month's Christmas in July theme, let the reindeer games begin.



TCAA Site Council Meeting

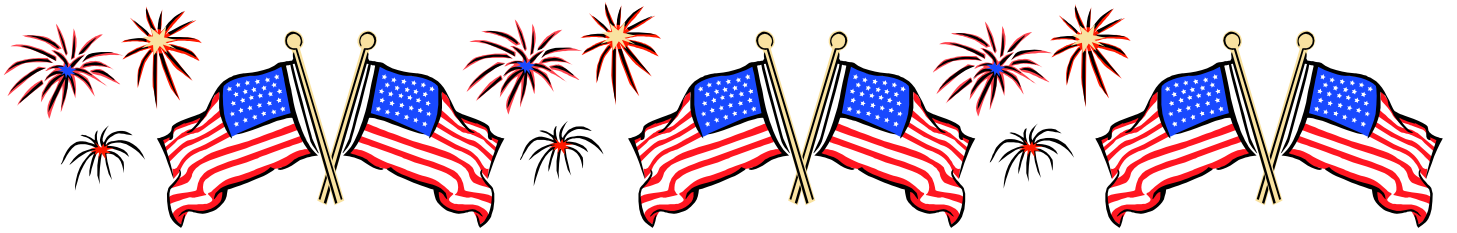
Since Bingo has changed times, the Site Council has decided to meet on the first Monday of each month at 11 am effective August. All are welcome to attend the meetings and we encourage becoming an active member of the council.



DON'T FORGET - Starting on Monday, July 3, BINGO will be held on Monday afternoons instead of Monday evenings, beginning at 1:00 pm at the Cahill Senior Center.

July - Cahill Senior Center

| MON | TUES | WED | THURS | FRI |
|---|--|--|---|--|
| 3 •8:30am Shopping Spree to IKEA •12pm—TCAA lunch—Independence Day Celebration - Chicago style hot dogs, tater tots, creamy cole slaw, fresh fruit •1pm BINGO | 4 CENTER CLOSED Happy 4th of July!  | 5 •11am FREE Movie <i>Firewall (PG-13)</i> | 6 •12pm—TCAA lunch—Monterey chicken breast, brussel sprouts, green & wax beans, wheat bread, fresh bananas | 7 •10am Pool Tournament •1pm BINGO |
| 10 •8:30am Shopping Spree to CHANDLER MALL •12pm—TCAA lunch—Salisbury steak with gravy, mixed veggies, broccoli cuts, wheat roll, sliced peaches •1pm BINGO | 11 •10am Conversational Spanish •10am Needlework Club | 12 •11am FREE Movie <i>Rumor Has It (PG-13)</i> | 13 •12pm—TCAA lunch—Baked ham, green beans, fresh yams, whole wheat roll, fresh fruit | 14 •10am Pool Tournament •1pm BINGO |
| 17 •8:30am Shopping Spree to ARIZONA MILLS MALL •12pm—TCAA lunch—Spaghetti & meat sauce, chopped spinach, mixed veggies, garlic bread, sliced pears •1pm BINGO | 18 •10am Conversational Spanish •10am Needlework Club | 19 •11am FREE Movie <i>Glory Road (PG)</i> | 20 •12pm—TCAA lunch—Home style meatloaf, carrots & celery, baked potato halves, whole wheat bread, cinnamon baked apples | 21 •11 am CHRISTMAS IN JULY - turkey sandwich, potato salad, pickle, strawberry shortcake •1pm BINGO |
| 24 •12pm—TCAA lunch—Lemon chicken, citrus scented rice, steamed broccoli, sliced carrots, whole wheat bread, birthday cake •1pm BINGO | 25 •10am Conversational Spanish •10am Needlework Club | 26 •9am-Breakfast & Games pancakes, whip cream, syrup, fruit toppings, bacon, juice, coffee •11am FREE Movie <i>World's Fastest Indian (PG-13)</i> | 27 •12pm—TCAA lunch—Bacon wrapped chicken breast, brussel sprouts, green & wax beans, wheat roll, peach halves | 28 •10am Pool Tournament •1pm BINGO |
| 31 •10am Ornament decorating craft •12pm—TCAA lunch—Chicken fried steak, country mashed potato, glazed carrots, whole wheat roll, pineapple tidbits •1pm BINGO |  <p>We hope you are enjoying your summer!</p> | | | |



Happy July 4th

Did You Know...



- The first two attempts at the Liberty Bell were defective.
- The third version of the Liberty Bell rang every 4th of July from 1778 to 1835 when it cracked as it was being tolled for the death of Chief Justice John Marshall.
- 4th of July was not declared a legal holiday until 1941.

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Visit our website at: <http://www.tempe.gov/pyle>



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